

SHAC Minutes for December 6, 2022

Members of the SHAC met on Tuesday, December 6, 2022 at 4:00 pm in the cafeteria on the secondary campus. Present at the meeting were Amber Chavira, Jenny Carpenter, Michelle Fairchild, Amy Rector, Keely Vanacker, Kayla Casey and Catherine Kern.

The minutes from the October 11 meeting were emailed to committee members for additions and corrections prior to the meeting. Jenny Carpenter made a motion to approve the minutes, Keely Vanacker seconded the motion, and it passed unanimously.

Counselor News-

IES: Amber Chavira updated the committee members on behalf of Annie Jones, IES Counselor. Third through fifth grade students will be taking Benchmark tests this month. ELAR will be held on December 6th and Math will be on December 7th. Counseling topics for the month of January will be as follows: Kindergarten and 1st grade will be learning about the Emotion Detective (anger, confidence, happiness, sadness, peacefulness and love); 2nd and 3rd will be discussing rudeness vs meanness vs bullying; and 4th and 5th graders will be learning about Social Media, Cyberbullying and David's Law. The new TCHATT (Texas Child Health Access Through Telemedicine) Program, which is a grant-funded program provided by IISD that provides mental and behavioral healthcare services for children and their families by connecting them to services through Telemedicine, was implemented this year and has been utilized by several students and their families on the IES campus.

IMS: Keely Vanacker reported that several referrals have been made to TCHATT for IMS students and their families and that the program has been helpful in providing support and guidance not only to students but also to parents and siblings. Donations are being accepted for families in need over the holidays, and Mrs. Vanacker reported that the response has been great so far. SACADA (San Antonio Council on Alcohol and Drug Awareness) will be holding educational classes over a 10 week period for 6th grade students beginning in January. Students will be learning about healthy living, and information will be sent out to parents prior to the classes. Mrs Vanacker has been going into classrooms weekly to discuss a variety of subjects with 6th-8th graders, including maintaining healthy lifestyles, spending time outdoors, managing phone usage, how to identify feelings and coping strategies. Middle school students will be competing in UIL events on the MS campus on Wednesday, December 7th and will be taking the STAAR Interim Reading and Math tests on Tuesday, December 13th and Wednesday, December 14th. MS students also competed in UIL One Act Play on Saturday, December 3rd.

ITM: Mrs. Baiza reported that Dual Credit students have finished their Fall Dual Credit exams this week. The TCHATT program has been successful so far on the high school campus and currently nearly 20 students/families are being served district wide. ITM staff members provided meals for 16 families at Thanksgiving and for Christmas, and also have purchased gifts for each child in the home, for a total of 49 children.

Nurse News-

IES: Amber Chavira reported that there has been an increase in the number of students and staff testing positive for Flu. The elementary school does not have anyone with Covid at this time. All required screenings for the year (vision, hearing, Acanthosis Nigricans and spinal) have been completed, and will continue as needed for new students who enroll throughout the year.

IMS/ITM: The secondary campus has also seen an increase in the number of staff and students who are testing positive for Flu. The high school campus has several students who have tested positive for Covid, however there are none at the middle school currently. All required screenings have also been completed on the secondary campus, and the Annual Report of Immunization Status for the district was submitted on Monday, December 5th by Catherine Kern.

Gym News-

IES: Michelle Fairchild reported that the annual Walk-A-Thon on Friday, November 4th was a huge success, and that students logged over 1,000 miles. Heart Heros will begin on January 30th and will continue through the second week of February. FitnessGram testing for 3rd-5th grade students has begun and will last through April. Students are evaluated on five different areas of performance, including strength and endurance, flexibility, aerobic capacity, and body composition.

Cafeteria News-

Jenny Carpenter reported that the Thanksgiving lunches served on all campuses were very well received by students and staff. The cafeteria staff continues to work hard serving our students and staff members, and maintaining a clean and healthy environment for all.

New Business-

Amy Rector, from the Community Foundation of the Texas Hill Country, reminded committee members about the Student Benefit Fund that is available to any student in need from Ingram ISD. Forms are available through the campus nurses and can be submitted to Amy as needs arise for students and their families. Each student/family may receive up to \$100.00. The Fund is also available to the campus nurses, if supplies are needed for the clinics.

Also in new business, Mrs Vanacker suggested implementing a "Family Fitness Night" to promote health and wellness for our Ingram ISD students and their families. The SHAC discussed different ideas, such as having health care providers in Kerr County, chefs from area restaurants, and others in the community come together to address issues such as dental health, wellness screenings, information on counseling, and healthy food choices. Members discussed having each individual or group set up booths, assemble packets of information in

advance to hand out, and provide food and games, and possibly having the event in the fall at a football game. The committee decided that by the next meeting in February each member would come up with several ideas to begin the process of having an event like this, and hopefully be able to have the first one in the Fall of 2023. At the February meeting, members will discuss their ideas and decide the best way to move forward.

There was no old business to discuss at this time, and the meeting was adjourned at 4:45 pm. The next meeting will be held on Tuesday, February 7, 2023 at 4:00 pm in the cafeteria on the secondary campus.

Respectfully Submitted by:

Catherine Kern, Secretary