

WADENA-DEER CREEK CLASSROOM & HEADSTART
NOVEMBER 2026 BREAKFAST AND LUNCH MENU
Students eat FREE!

Breakfast is served 7:50am-8:30am **Adult breakfast**: $2.55 Lunch is served 10:50am-12:30 pm **Adult Lunch**: $5.30

Cereal, yogurt parfait and fresh fruit offered daily at breakfast.1%, and fat free milk choices offered daily with each meal. Lactose free milk is available with written request.

Lunch Options offered Daily: Yogurt Parfait, Deli Sandwiches or wraps. Fresh broccoli, carrots, romaine lettuce and tomato offered in addition to the menu daily.

Monday	Tuesday	Wednesday	Thursday
Nov 2 Scrambled Eggs, Toast 1-slice, ½ C-Fruit, 8oz-Milk Breaded Chicken/Bun ¼ C- Fruit, ¼ C- Vegetable, 8oz-Milk	Nov 3 Egg Patty, English Muffin- 1 oz, ½ C-Fruit , 8oz-Milk Sloppy Joe/Bun ¼ C-Vegetables ¼ C-Fruit, 8oz-Milk	4 Early Riser Hashbrown, Toast, ½ C-Fruit , 8oz-Milk ½ C-Sweet & Sour Chicken & ¼ C-Rice ¼ C- Fruit ¼ C- Vegetable, 8oz-Milk	5 Waffle, Cheesestick, ½ C-Fruit, 8oz-Milk Salisbury Steak, Bread (1oz) ¼ C- Fruit, 1/4C- Vegetable, Milk ¼ C-fruit and ¼ C-vegetable, 8oz-Milk
9 Breakfast Croissant Sandwich, ½ C-Fruit, 8oz-Milk 1- Corn Dogs ¼ C-Baked Beans, ¼ C-Fries ¼ C-Fruit, 8oz-Milk	10 Pancakes, Cheesestick, ½ C-Fruit , 8oz-Milk 4- Pizza Crunchers ¼ C-Vegetables ¼ C-Fruit, 8oz-Milk	11 Snak'n waffle or Homemade Waffle sandwich, ½ C-fruit, 8oz-Milk 1- Lasagna roll, 1 slice Garlic Toast ¼ C-fruit and ¼ C-vegetable, 8oz-Milk	12 Cook's Choice, CheeseStick-1oz ½ C-Fruit, 8oz-Milk 6 to 8-pcPopcorn Chicken, Cracker/Bread ¼ C-Vegetables, ¼ C-Fruit, 8oz-Milk
16 1 slice-Breakfast Pizza, ½ C-Fruit, 8oz-Milk Hamburger w/bun ¼ C-Vegetables, ¼ C-Fruit, 8oz-M	17 Pancake on a Stick,½ C- Fruit,8oz- Milk Roasted Turkey Dinner - 2 oz Turkey WG Bread,or WG Cracker- 1oz ¼ C-Vegetables, ¼ C-Fruit, 8oz-Milk	18 Yogurt Parfait or Cereal (1oz), Cheesestick-1oz, ½ C-fruit, 8oz-Milk 1- Cheese Quesadilla, ¼ C-fruit and ¼ C-vegetable, 8oz-Milk	19 French toast sticks, Cheesestick, syrup, ½ C-Fruit, 8oz-Milk ⅔ C-Mac & Cheese ½- Dinner Roll, ¼ C-Fruit ¼ C- Vegetable, Milk
23 Apple or Cherry Frudel, 1oz Cheesestick, ½ C-Fruit, 8oz-Milk BBQ Riblets w/bread ¼ C-Vegetables, ¼ C-Fruit, 8oz-Milk	24 Cheese Omelet, Toast 1 slice, butter, ½ C- Fruit,8oz- Milk WG Pretzel w/ Cheese,, ¼ C-Vegetable, ¼ C-Fruit, 8oz-Milk	25 Happy Thanksgiving Break	26 Happy Thanksgiving Day!
26 Sausage pancake on stick, ½ C- Fruit, 8oz-Milk Chicken Tenders, Assorted dipping, sauces ¼ C-Veggies, ¼ C- Fruit, 8oz-Milk	27 **Bagel, Cream Cheese,** ½ C-**Fruit,** 8oz-**Milk** Chicken Fajita w/ Softshell WG ¼ C-Sliced Peppers, ½ C- Lettuce, ⅛ C-Tomatoes, Cheese, ¼ C-Fruit, 8oz-Milk	28 Mini Waffle, Cheesestick, ½ C- Fruit, 8oz-Milk Hot Dogs, ¼ C-Vegetables, ¼ C-Fruits, 8oz-Milk	29 Muffin, Cheesestick,syrup, ½ C-Fruit, 8oz-Milk Chicken Alfredo, Garlic toast ¼ C-fruit and ¼ C-vegetable, 8oz-Milk

Menu is subject to change due to availability of items **Questions? Comments? Call or email Amy Dykhoff Food Service Director 218-632-2396;**

adykhoff@wdc2155.k12.mn.us **This institution is an equal opportunity provider**