

East Ridge Middle School

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p><u>BREAKFAST</u> CHICKEN BISCUIT, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BEEF TERIYAKI 2-ORANGE CHICKEN 3-PB&J RAMEN NOODLES SWEET GLAZED CARROTS STEAMED BROCCOLI FLORETS</p>	<p>2</p> <p><u>BREAKFAST</u> 2 FRENCH TOAST STICKS, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-POPCORN CHICKEN 2-BAKED SPAGHETTI 3- PB&J GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES</p>	<p>3</p> <p><u>BREAKFAST</u> PANCAKES, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BBQ PORK SANDWICH 2-CRISPY CHICKEN SANDWICH 3- PB&J FRIES CORN FRESH BAKED COOKIE</p>	<p>4</p> <p><u>BREAKFAST</u> SAUSAGE BISCUIT, POPTARTS, CEREAL, PB&J</p> <p><u>LUNCH</u> 1-FISH STICKS 2-BBQ RIB PATTY 3- PB&J PINTO BEANS MAC & CHEESE</p>
<p>7</p> <p><u>BREAKFAST</u> PANCAKES, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-CHICKEN NACHOS 2-BEEF(OR PORK) NACHOS 3- PB&J TORTILLA CHIPS QUESO CHEESE CORN BLACK BEAN FIESTA TOPPINGS</p>	<p>8</p> <p><u>BREAKFAST</u> CHICKEN BISCUIT, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-PIZZA 2-CHEESE QUESADILLA 3- PB&J GREEN BEANS CORN</p>	<p>9</p> <p><u>BREAKFAST</u> FRUDEL, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-CHICKEN ALFREDO 2-CHEESY BREADSTICKS W/MARINARA 3- PB&J STEAMED BROCCOLI FLORETS SWEET CARROTS</p>	<p>10</p> <p><u>BREAKFAST</u> BREAKFAST PIZZA, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-TURKEY & CHEESE SUB 2-HAM & CHEESE SUB 3- PB&J BAKED BEANS CHIPS FRESH BAKED COOKIE SANDWICH TOPPINGS</p>	<p>11</p> <p><u>BREAKFAST</u> SAUSAGE BISCUIT, POPTART, CEREAL, PB&J</p> <p><u>LUNCH</u> 1-HAMBURGER 2-ROASTED HOT DOG W/CHILI 3-PB&J FRIES FRESH VEGGIES SANDWICH TOPPINGS</p>
<p>14</p> <p><u>BREAKFAST</u> FRENCH TOAST STICKS, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BEEF DIPPERS W/BROWN GRAVY 2-CHICKEN BREAST FILLET 3- PB&J MASHED POTATOES PEAS SISTER SCHUBERT ROLL</p>	<p>15</p> <p><u>BREAKFAST</u> CHICKEN BISCUIT, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BBQ PORK SANDWICH 2-FISH STICKS 3-PB&J COLE SLAW PINTO BEANS FRIES</p>	<p>16</p> <p><u>BREAKFAST</u> DUTCH WAFFLE, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BAKED HAM 2-TURKEY 3-PB&J SISTER SCHUBERT ROLL MASHED POTATOES CORN FRESH BAKED COOKIE</p>	<p>17</p> <p><u>BREAKFAST</u> SAUSAGE BISCUIT, POPTART, CEREAL</p> <p><u>LUNCH</u> MANAGER CHOICE/POTLUCK</p>	<p>18</p> <p style="text-align: center;"><u>GOOD FRIDAY</u> <u>NO SCHOOL</u></p>
<p>21</p> <p><u>BREAKFAST</u> PANCAKES, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1- CHICKEN NACHOS 2-BEEF(OR PORK) NACHOS 3-PB&J TORTILLA CHIPS QUESO CHEESE CORN BLACK BEAN FIESTA TOPPINGS</p>	<p>22</p> <p><u>BREAKFAST</u> FRUDEL, POPTARTS, CEREAL</p> <p><u>LUNCH</u> BREAKFAST FOR LUNCH 1-2 SMALL CHICKEN BREAST FILLETS OR 2-2 SAUSAGE PATTIES 3- PB&J WAFFLE SLICED OR CHERRY TOMATOES DICED POTATOES OR TATER TOTS</p>	<p>23</p> <p><u>BREAKFAST</u> BREAKFAST PIZZA, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-BEEF TERIYAKI 2-ORANGE CHICKEN 3- PB&J RAMEN NOODLES SWEET GLAZED CARROTS STEAMED BROCCOLI FLORETS</p>	<p>24</p> <p><u>BREAKFAST</u> PANCAKES, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1- PIZZA 2-CHEESEY BREADSTICKS 3- PB&J GREEN BEANS CORN</p>	<p>25</p> <p><u>BREAKFAST</u> SAUSAGE BISCUIT, POPTART, CEREAL, PB&J</p> <p><u>LUNCH</u> 1-HAMBURGER 2-CRISPY CHICKEN SANDWICH 3- PB&J FRENCH FRIES BAKED BEANS SANDWICH TOPPINGS</p>
<p>28</p> <p><u>BREAKFAST</u> 2 FRENCH TOAST STICKS, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-POPCORN CHICKEN 2-BAKED SPAGHETTI 3-PB&J GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES</p>	<p>29</p> <p><u>BREAKFAST</u> CHICKEN BISCUIT, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-FISH STICKS 2-BBQ RIB PATTY 3- PB&J PINTO BEANS MAC & CHEESE</p>	<p>30</p> <p><u>BREAKFAST</u> PANCAKES, POPTARTS, CEREAL</p> <p><u>LUNCH</u> 1-PIZZA 2-CHEESEY BREADSTICKS 3- PB&J GREEN BEANS CORN</p>	<p>NEWS: CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p>	

