EAST HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST MEAT BISCUIT, PASTRY, POPTARTS, CEREAL 1-ORANGE CHICKEN 2-BEEF TERIYAKI 3-PIZZA 4-SANDWICH BAR RAMEN NOODLES SWEET GLAZED CARROTS STEAMED BROCCOLI FLORETS	2 BREAKFAST 2 FRENCH TOAST STICKS, MEAT BISCUIT, POPTARTS, CEREAL <u>LUNCH</u> 1-POPCORN CHICKEN 2-BAKED SPAGHETTI 3- PIZZA 4-NACHO BAR GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES	3 BREAKFAST PANCAKES, MEAT BISCUIT POPTARTS, CEREAL 1-CRISPY CHICKEN SANDWICH 2-BBQ SANDWICH 3- PIZA 4- POTATO BAR FRIES CORN FRESH BAKED COOKIE	4 BREAKFAST MEAT BISCUIT, POPTARTS, CEREAL, PB&J LUNCH 1-FISH STICKS 2-BBQ RIB PATTY 3- PIZZA 4-SANDWICH BAR PINTO BEANS MAC & CHEESE
7 <u>BREAKFAST</u> PANCAKES, MEAT BISCUIT, POPTARTS, CEREAL	8 <u>BREAKFAST</u> MEATBISCUIT, PASTRY, POPTARTS, CEREAL	9 <u>BREAKFAST</u> FRUDEL, MEAT BISCUIT, POPTARTS, CEREAL	10 <u>BREAKFAST</u> BREAKFAST PIZZA, MEAT BISCUIT, POPTARTS, CEREAL	11 <u>BREAKFAST</u> MEAT BISCUIT, POPTART, CEREAL, PB&J
LUNCH 1-CHICKEN NACHOS 2-BEEF (OR PORK) NACHOS 3- PIZZA 4- POTATO BAR TORTILLA CHIPS QUESO CHEESE CORN BLACK BEAN FIESTA TOPPINGS	LUNCH 1-PIZZA 2-CHEESE QUESADILLA 3- PIZZA 4- NACHO BAR GREEN BEANS CORN	LUNCH 1-CHICKEN ALFREDO 2-CHEESY BREADSTICKS W/MARINARA 3-PIZZA 4-SANDWICH BAR STEAMED BROCCOLI FLORETS SWEET CARROTS	LUNCH 1-TURKEY & CHEESE SUB 2-HAM & CHEESE SUB 3-PIZZA 4 POTATO BAR BAKED BEANS CHIPS FRESH BAKED COOKIE SANDWICH TOPPINGS	LUNCH 1-CHEESEBURGER 2- ROASTED HOT DOG W/CHILI 3-PIZZA 4-SANDWICH BAR FRIES FRESH VEGGIES SANDWICH TOPPINGS
14 BREAKFAST FRENCH TOAST STICKS, MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-CHICKEN BREAST FILLET 2BEEF DIPPERS W/BROWN GRAVY 3- PIZZA 4-NACHO MASHED POTATOES PEAS SISTER SCHUBERT ROLL	15 BREAKFAST MEAT BISCUIT, PASTRY, POPTARTS, CEREAL LUNCH 1-BBQ PORK SANDWICH 2-FISH STICKS 3-PIZZA 4-POTATO BAR COLE SLAW PINTO BEANS FRIES	16 BREAKFAST DUTCH WAFFLE, MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-BAKED HAM 2-TURKEY 3-PIZZA 4-SANDWICH BAR SISTER SCHUBERT ROLL MASHED POTATOES CORN FRESH BAKED COOKIE	17 BREAKFAST MEAT BISCUIT, PASTRY, POPTART, CEREAL LUNCH MANAGER CHOICE/POTLUCK	18 <u>GOOD FRIDAY</u> <u>NO SCHOOL</u>
21 BREAKFAST PANCAKES, MEAT BISCUIT, POPTARTS, CEREAL	22 BREAKFAST FRUDEL,MEAT BISCUIT, POPTARTS, CEREAL	23 BREAKFAST BREAKFAST PIZZA, MEAT BISCUIT, POPTARTS, CEREAL	24 <u>BREAKFAST</u> PANCAKES,MEAT BISCUIT, POPTARTS, CEREAL	25 BREAKFAST MEATBISCUIT,PASTRY, POPTART, CEREAL, PB&J
LUNCH 1- CHICKEN NACHOS 2-BEEF (OR PORK) NACHOS 3-PIZZA 4-POTATO BAR TORTILLA CHIPS QUESO CHEESE CORN BLACK BEAN FIESTA TOPPINGS	LUNCH BREAKFAST FOR LUNCH 1-2 SMALL CHICKEN BREAST FILLETS OR 2-2 SAUSAGE PATTIES 3- PIZZA 4-SANDWICH BAR WAFFLE SLICED OR CHERRY TOMATOES DICED POTATOES OR TATER TOTS	LUNCH 1-ORANGE CHICKEN 2-BEEF TERIYAKI 3- PIZZA 4-NACHO RAMEN NOODLES SWEET GLAZED CARROTS STEAMED BROCCOLI FLORETS	LUNCH 1- PIZZA 2-CHEESEY BREADSTICKS 3- PIZZA 4-POTATO BAR GREEN BEANS CORN	LUNCH 1-HAMBURGER 2-CRISPY CHICKEN SANDWICH 3-PIZZA 4-SANDWICH BAR FRENCH FRIES BAKED BEANS SANDWICH TOPPINGS
28 <u>BREAKFAST</u> 2 FRENCH TOAST STICKS, MEAT BISCUIT, POPTARTS, CEREAL <u>LUNCH</u> 1-POPCORN CHICKEN 2-BAKED SPAGHETTI 3-PIZZA 4-POTATO BAR GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES	29 BREAKFAST MEAT BISCUIT, PASTRY, POPTARTS, CEREAL LUNCH 1-FISH STICKS 2-BBQ RIB PATTY 3-PIZZA 4-NACHO BAR PINTO BEANS MAC & CHEESE	30 BREAKFAST PANCAKES, MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-PIZZA 2-CHEESEY BREADSTICKS 3-PIZZA 4-SANDWICH BAR GREEN BEANS CORN		NEWS: CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MENU IS SUBJECT TO CHANGE WITHOUT NOTICE