

commit to be fit **FRESH FOOD** **FIESTA**



Commit to Be Fit is hosting an afterschool cooking experience for kids.

Groups will meet from 3:30 pm- 5:00 pm and will be taught by Ms. Viviana and Ms. Kim. This workshop series is offered free of charge.

Our first session is open to students in **KINDERGARTEN**

Select to register for either Group A or Group B. Each group will be limited to 10 students on a first come, first served basis.

GROUP A will meet on Monday, 10/17 and Monday, 10/24.

GROUP B will meet on Wednesday, 10/19 and Wednesday, 10/26.



To register, visit
www.rappc2bf.com/fiesta

For questions, contact Jackie Tederick at
jtederick@rappahannockschoools.us

This cooking experience will be available to other grade levels throughout the year.