



# AUGUST

**Monday****Tuesday****Wednesday****Thursday****Friday**

4

5

6

7

8

Sausage Biscuit  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Pancake and Sausage on a Stick  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Breakfast Bagel  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

11

12

13

14

15

French Toast Sticks  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Cherry Strudel  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Breakfast Pizza w/Sausage  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Mini Cinnis  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Eggo Waffles  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice  
Syrup

18

19

20

21

22

Poptart, Strawberry  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Egg and Cheese Sandwich  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Sausage Biscuit  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Pancake and Sausage on a Stick  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Muffin Assortment  
Strawberry Yogurt  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

25

26

27

28

29

Cherry Strudel  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

French Toast Sticks  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

Breakfast Burrito  
Assorted Cereal  
Fruit Juice  
Fruit  
Assorted Milk

Eggo Waffles  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice  
Syrup

Mini Cinnis  
Assorted Cereal  
Fruit  
Assorted Milk  
Fruit Juice

A variety of milk is offered at both meals. For lunch, students must choose at least 3 of the items offered, with one item including at least 1/2 cup of fruit or vegetables. Students may select all items if they desire. For breakfast, students must select at least 3 items with one being 1/2 cup fruit or vegetable. Alexander City Schools participates in Community Eligibility Provision and all student meals are at no costs.