

## Worksheet 4: Summary of Findings

This document assists local educational agencies (LEAs) with meeting the U.S. Department of Agriculture’s (USDA) triennial assessment requirements for the LSWP. For information on the triennial assessment process, review *Guidance for School Wellness Policy Triennial Assessment*. For additional worksheets, visit the “[What’s Next](#)” section of the CSDE’s School Wellness Policies webpage.



This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the LEA’s progress toward meeting their wellness goals. Not all districts will have information to share in all four sections. Note: in Section 3 and Section 4, the LEA is only required to comment on federally required items, but may add information about other wellness topics if desired.

**Section 1 (Strong Policies and Aligned Practices).** If applicable, write a narrative below to describe your district’s areas of success in meeting its wellness goals.

Oxford Public Schools District’s nutritional education is based on skills and behavior. Oxford High School students receive sequential nutrition education. All of our schools have 15 minutes to eat breakfast. Lunch periods are 30 minutes at Quaker Farms School. Great Oak Elementary, Oxford Middle and Oxford High have up to 25 minutes for lunch periods. Food and Beverages are offered to students in our SONCCA program. All students have consistent and easy access to water throughout the schools. Water fountains are throughout all buildings. Also students can carry water bottles with them throughout the day. All PE classes are taught by state certified licensed teachers who endorse teaching PE Professional Development Days are offered to PE teachers that are relevant and specific to physical education. All elementary grades have daily recess. Our district also has employee wellness as part of our health insurance plan. Professional development is also offered for the emotional wellness of our staff. Teachers are encouraged to use physical activity as an award. Our district also promotes healthy food by making foods with natural ingredients and foods made with organic ingredients are highlighted on our menus. Posters are also used in the cafeterias to promote fruits and vegetables. We also offer vegetarian lunches. The groups of people have attended our district's Wellness meetings in the past are as follows: Principal, Nurse, Health/PE Teacher, Curriculum Director, Food Service Manager, Director of Finance and Business Secretary.

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**Section 2 (Create Practice Implementation Plans).** If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

Our district does not follow all policy goals for nutrition education.

Although the High School receives sequential nutrition education, our two elementary schools and middle school do not receive sequential nutrition education. Our district needs to develop an implementation plan.

We do not have an active District Wellness Committee at this time. The last meeting was May 2019.

There are no officials at any of our schools that are responsible for implementing the wellness policy.

Our district needs to have the Wellness Meetings again and work on developing an implementation plan.

**Section 3 (Update Policies).** If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

We identified through our assessment that our district does not have specific goals for nutrition education to promote student wellness.

Our district needs to have the Wellness Meetings again and work on developing goals for nutrition education to promote student wellness.

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**Section 4 (Opportunities for Growth).** If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Our Wellness policy has not been revised based on the triennial assessment. We have not had a Wellness Meeting since right before COVID, May 2019.

Our district needs to have the Wellness Meetings again and work on developing goals for nutrition education to promote student wellness.

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For information on the USDA's LSWP requirements, visit the Connecticut State Department of Education's (CSDE) [School Wellness Policies](#) website and the Rudd Center's [WELLSAT](#) website, or contact the [school nutrition programs staff](#) in the CSDE's Bureau of Health/Nutrition, Family Services and Adult Education, 450 Columbus Boulevard, Suite 504, Hartford, CT 06103-1841.



This document is available at [https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet\\_4\\_Summarizing\\_Findings.docx](https://portal.ct.gov/-/media/SDE/Nutrition/SWP/Worksheet_4_Summarizing_Findings.docx).



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