

**24 STRONG**

MIDDLE SCHOOL MENU

FEBRUARY 2026

	MONDAY 5	TUESDAY 6	WEDNESDAY 7	THURSDAY 8	FRIDAY 9
Breakfast	BISCUIT CHOICE OR FRENCH TOAST STICKS FRUIT/ JUICE	BISCUIT CHOICE OR MUFFIN W/CEREAL / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE GRITS W/TOAST / JUICE / FRUIT
Lunch choose one entree or salad, if offered	HAMBURGER OR MANAGERS CHOICE	CHICKEN ALFREDO W/GARLIC TOAST OR MANAGERS CHOICE	BEEF NACHOS W/ CHEESE SAUCE OR MANAGERS CHOICE	PIZZA OR MANAGERS CHOICE	CRISPITO W/ CHEESE SAUCE OR MANAGERS CHOICE
Sides select at least one fruit or vegetable	FRIES LETTUCE/ TOMATO/ PICKLE BABY CARROTS BANANA FRESH FRUIT	SEASONED GREEN BEANS GLAZED CARROTS TOSSED SALAD SLICED PEACHES FRESH FRUIT	PINTO BEANS SEASONED CORN LETTUCE AND DICED TOMATOES CINNAMON APPLES FRESH FRUIT	PASTA SALAD BABY CARROTS CHILLED MANDARIN ORANGES FRESH FRUIT	SIDE SALAD PINTO BEANS STEAMED CORN PEACH SLICES FRESH FRUIT
Salad Plate or Bar	Diced Ham w/Boiled Egg	FAJITA CHICKEN WITH SALAD BAR	DICED HAM W/BOILED EGG	DICED TURKEY WITH SALAD BAR	DICED HAM W/BOILED EGG
	12	13	14	15	16
Breakfast	BISCUIT CHOICE OR MINI PANCAKES W/SYRUP / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA/ JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST W/CEREAL / JUICE / FRUIT	BISCUIT CHOICE MINI CINNIS FRUIT
Lunch choose one entree or salad, if offered	BBQ SANDWICH OR MANAGERS CHOICE	TACOS (2) OR MANAGERS CHOICE	CHILI W/ GRILLED CHEESE OR MANAGERS CHOICE	CHICKEN SANDWICH OR MANAGERS CHOICE	CRISPITO W/ CHEESE SAUCE OR MANAGERS CHOICE
Sides must select at least one fruit or vegetable	COLE SLAW, BAKED BEANS, DELI ROASTERS, CINNAMON DICED APPLE CUP, FRESH FRUIT CUP	LETTUCE, TOMATO SHREDDED CHEESE / STEAMED WHOLE KERNEL CORN / VEGGIES W/DIP /FROZEN STRAWBERRY CUP, FRESH FRUIT BOWL	ROMAINE SALAD, BAKED POTATO, FRUIT COCKTAIL, FRESH FRUIT BOWL	SPINACH SALAD SWEET POTATO FRIES GELATIN W/FRUIT FRESH FRUIT	SIDE SALAD PINTO BEANS STEAMED CORN PEACH SLICES FRESH FRUIT
Salad Plate or Bar	TUNA SALAD	DICED HAM W/BOILED EGG	TUNA SALAD	DICED HAM W/BOILED EGG	PIMENTO CHEESE SANDWICH OR PBJ SANDWICH

Schools offer no-cost breakfast and lunch to all students regardless of income.

Low-fat or fat-free milk choice is offered with each meal. Fresh fruit bowl and water are available.

ADULT PRICES

Breakfast \$2

Lunch \$4

ALA CARTE SALES may vary by school. Check with your SN Manager to determine local offerings.

Extra Milk \$0.60

Extra breakfast entrée \$1.75

Extra lunch entrée \$2

Extra side dishes \$0.50

Rice Krispie treat \$1

Cookie \$1

Soft pretzel \$1

Cheese Sauce Cup \$0.50

Flavored water \$1.75



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	19	20	21	22	23
Breakfast					
Lunch choose one entree or salad, if offered					
Sides unlimited, but must select at least one fruit or vegetable					
Salad Plate or Bar					
	26	27	28	29	30
Breakfast	BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT	BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT	BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE / FRUIT	BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT	MANAGER'S CHOICE JUICE / FRUIT
Lunch choose one entree or salad, if offered	CHICKEN STIR FRY W/ EGG ROLL OR MANAGERS CHOICE	CHICKEN NUGGETS OR MANAGERS CHOICE	HAMBURGER CASSEROLE W/ ROLL OR MANAGERS CHOICE	HOTDOG OR MANAGERS CHOICE	CRISPITO W/ CHEESE SAUCE OR MANAGERS CHOICE
Sides unlimited, but must select at least one fruit or vegetable	CORN ON THE COBB ROMAINE SALAD VEGETABLE FRIED RICE, ORANGE WEDGES, TROPICAL FRUIT SALAD	CORNBREAD SEASONED TURNIP GREENS MAC AND CHEESE PINTO BEANS PEAR SALAD FRESH FRUIT	OVEN FRIED OKRA STEAMED BUTTERED CORN FRUIT COCKTAIL FRESH FRUIT	FRENCH FRIES, BAKED BEANS VEGGIE DIPPERS, CREAMY COLE SLAW ORANGE WEDGES PEAR HALVES	SIDE SALAD PINTO BEANS STEAMED CORN PEACH SLICES FRESH FRUIT
Salad Plate or Bar					