Amite County Elementary School

 November 2022 Breakfast Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Nov - 1Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 2Breakfast BreadORCerealFruit JuiceFruitMilk | Nov - 3Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 4Bagel w/ Sausage & GravyORCerealCereal barFruit JuiceFruitMilk |
| Nov - 7French Toast SticksORCerealCereal BarFruit JuiceFruitMilk | Nov - 8Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 9Breakfast BreadORCerealCrackers, fish shapeYogurtsFruit JuiceFruitMilk | Nov - 10Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 11Apple FrudelORCerealCereal BarFruit JuiceFruitMilk |
| Nov - 14Sausage & Pancake on a Stick ORCerealCereal BarFruit Juice Fruit Milk | Nov - 15Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 16Breakfast BreadORCerealFruit JuiceFruitMilk | Nov - 17Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 18Bagel w/ Sausage & GravyORCerealCereal barFruit JuiceFruitMilk |
| Nov – 21School Holiday | Nov – 22School Holiday | Nov – 23School Holiday | Nov – 24School Holiday | Nov – 25School Holiday |
| Nov - 28French Toast SticksORCerealCereal BarFruit JuiceFruitMilk | Nov - 29Sausage and Biscuit / JellyORCerealFruit JuiceFruitMilk | Nov - 30Breakfast BreadORCerealCrackers, fish shapeYogurtsFruit JuiceFruitMilk |  |  |

\*Milk served daily: fat-free chocolate and low- fat white milk.\*

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*

For BREAKFAST, we offer at least 4 items:

Grain Fruit/Juice Milk 1 additional item

Students are encouraged to select all items, but not required. Every student must pick up a fruit or juice, plus at least two other food items! Some of our items do count as 2 items, (ex: 2 oz breakfast bread counts as 2 items) the child nutrition staff will help students recognize those items.