

**Breakfast: FREE to ALL Students**  
**Lunch: FREE to ALL Students**  
 Adult Lunch: \$5.00

**Sterling Community School**  
**Breakfast & Lunch Menu**  
**February 2024**

**Fresh Fruits, Veggies**  
**& Milk**  
**served daily!**

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
1. <i>Hamburger</i> 2. <i>Yogurt Fun Lunch</i> 3. <i>Sunbutter &amp; Jelly</i>	<sup>1/29</sup> <b>Cheese Quesadilla</b> Cheesy Refried Beans & Corn	<sup>1/30</sup> <b>Hot Ranch Chicken w/ Chicken Bacon &amp; Cheese Grinder</b> Romaine Salad	<sup>1/31</sup> <b>French Toast Egg or Sausage</b> Hash browns	<sup>2/1</sup> <b>Sweet And Sour Popcorn Chicken , Brown Rice</b> Buttery Green Beans	<sup>2/2</sup> <b>Personal cheese Pizza</b> Baby carrots
1. <i>Pull-apart</i> 2. <i>Yogurt Fun Lunch</i> 3. <i>Sunbutter &amp; Jelly</i>	<sup>2/5</sup> <b>Grilled Cheese &amp; Tomato Soup</b> Corn	<sup>2/6</sup> <b>Beef &amp; Cheese WG Soft Tacos w/Salsa</b> Refried beans	<sup>2/7</sup> <b>BBQ Chicken Sandwich</b> Sweet Potato Fries	<sup>2/8</sup> <b>Pasta &amp; Meat Sauce</b> Garlic Bread Stick Broccoli	<sup>2/9</sup> <b>Early Dismissal Personal Cheese Pizza</b> Cucumber Wheels & Ranch Dressing
1. <i>Riblet Sandwich</i> 2. <i>Yogurt Fun Lunch</i> 3. <i>Sunbutter &amp; Jelly</i>	<sup>2/12</sup> <b>Mozzarella Sticks w/Marinara</b> Green Beans	<sup>2/13</sup> <b>Hearty Beef Chili Corn Muffin &amp; Rice</b> Oven Baked Fries	<sup>2/14</sup> <b>Spicy OR Plain Chicken Patty Sandwich</b> Sweet(heart) Potato Fries	<sup>2/15</sup> <b>Rodeo Burger (BBQ Sauce, Cheese &amp; Onion Rings)</b> BBQ Baked Beans	<sup>2/16</sup> <b>Personal Cheese Pizza</b> Romaine Salad
1. <i>Hot Dog</i> 2. <i>Yogurt Fun Lunch</i> 3. <i>Sunbutter &amp; Jelly</i>	<sup>2/19</sup> <b>CLOSED WINTER BREAK</b>	<sup>2/20</sup> <b>CLOSED WINTER BREAK</b>	<sup>2/21</sup> <b>Chicken Tenders &amp; WG Waffles</b> Oven Baked Fries	<sup>2/22</sup> <b>Taco Fries w/Salsa &amp; Sour Cream Tortilla Chips &amp; Black Beans</b> (Taco Beef & Cheese over Sweet Potato Fries)	<sup>2/23</sup> <b>Personal Cheese Pizza</b> Cucumber & Tomato Salad
1. <i>Salad w/ Chicken &amp; Biscuit</i> 2. <i>Yogurt Fun Lunch</i> 3. <i>Sunbutter &amp; Jelly</i>	<sup>2/26</sup> <b>Lasagna Roll-up Garlic Breadstick</b> Cauliflower	<sup>2/27</sup> <b>Cheese Burger</b> Baked Beans	<sup>2/28</sup> <b>Sausage, Egg, Cheese On WG English Muffin</b> Hash Brown	<sup>2/29</sup> <b>Chicken Ramen</b> Roasted Baby Carrots	<sup>3/1</sup> <b>Personal cheese Pizza</b> Romaine Salad

*This is an equal opportunity institution.*

**\*MENU SUBJECT TO CHANGE WITHOUT NOTICE\***

**Breakfast: FREE to ALL Students**  
**Lunch: FREE to ALL Students**  
 Adult Lunch: \$5.00

**Sterling Community School**  
**Breakfast & Lunch Menu**  
**February 2024**

**Fresh Fruits, Veggies**  
**& Milk**  
**served daily!**

*Balanced nutrition throughout the day contributes to student success in and out of the classroom. New research shows children are getting their healthiest meals at school. Studies have demonstrated that school meal programs play an important role in supporting obesity prevention, overall student health and academic achievement by improving children's diets and combating hunger.*

*ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.  
 Each breakfast is served with fruit and milk.*

1/29 Mini Straw Bagel Bites	1/30 Confetti Pancakes	1/31 Crumb Cake	2/1 Glazed Doughnuts	2/2 Choc Chip Muffins
2/5 Breakfast Bar	2/6 Mini French Toast	2/7 Cinnamon Roll	2/8 Mini Waffles	2/9 Pumpkin Bread
2/12 Mini Straw Bagel Bites	2/13 Confetti Pancakes	2/14 Crumb Cake	2/15 Glazed Doughnuts	2/16 Choc Chip Muffins
2/19 CLOSED	2/20 CLOSED	2/21 Cinnamon Roll	2/22 Mini Waffles	2/23 Pumpkin Bread
2/26 Mini Straw Bagel Bites	2/27 Confetti Pancakes	2/28 Crumb Cake	2/29 Glazed Doughnuts	3/1 Choc Chip Muffins

Cereal offered daily.