

## **Community Resources for Mental Health Assistance**

[Community Healthcore](#) Local Mental Health Authority offering mental health services to children, adolescents, and adults in the surrounding area. Or Dial 800-446-8253 for intake.

- Community Healthcore Crisis Hotline 1-800 832-1009

### **Suicide Prevention**

- [Texas Suicide Prevention](#)
- [Suicide Prevention Lifeline](#)
  - Suicide Hotline Number-1-800-273-TALK (8255) or simply dial 988

### **Student Stress**

- [Identifying Signs of Stress in Children](#)
- [The National Child Traumatic Stress Network](#)

### **Bullying**

#### [P3 Campus](#)

Report incidents of bullying, feelings of self-harm for self or others, and any circumstance where you feel unsafe.

- [StopBullying.gov](#)

### **Child Abuse**

- [Recognizing Child Abuse & Neglect](#)

### **Cyberbullying**

- [What is Cyberbullying?](#)
- [Report Cyberbullying](#) Allows individuals to report cyberbullying on various platforms

### **Grief and Bereavement**

- [10 Ways to Help a Grieving Child](#)
- [About Childhood Grief](#)
- [Bereavement Support](#)
- [Shared Grief](#)
- [Children Grieve](#)
- [Supporting Children and Families Impacted by Grief or Addiction](#)
- [Lucine Center Teletherapy for Childhood Grief and Therapy](#)

## **Substance Abuse**

- [Al-Anon Fort Worth](#)
- [Alcoholics Anonymous](#)
- [D.A.R.E. \(Drug Abuse Resistance Education\)](#)
- [Easy-To-Read Drug Facts](#)
- [Get Smart About Drugs](#)
- [Just Think Twice](#)
- [Hazards of E-cigs and Vaping](#)
- [MADD - No More Victims](#)
- [Marijuana Anonymous](#)
- [Monitoring the Future](#)
- [Narcotics Anonymous](#)
- [National Institute on Drug Abuse](#)
- [Partnership for Drug Free Kids](#)
- [Project ALERT](#)
- [Smoke Free Teen](#)
- [Bullying and Substance Abuse](#)
- [Say What! Live Tobacco Free](#)
- [Stop Medicine Abuse](#)
- [Stop Underage Drinking](#)

## **Additional Resources**

### **Children's Medicaid**

- [CHIP & Children's Medicaid](#)

### **Common Sense Media**

- [Reviews for What Your Kids Want to Watch](#)

### **Health Resources**

- [Centers for Disease Control and Prevention](#)
- [Wellness Pointe](#) Offers healthcare appointments as well as mental health services
- [Crossroads Counseling](#) Henderson