

MARCH 2024

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLIMENTARY TO ALL STUDENTS (after morning bell)

Lunch – **\$3.50** paid SY23-2024 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4 Breakfast WG Pop Tart, String Cheese, Peaches, Dried Fruit & Milk</p> <p>Lunch Hamburger BBQ Pork Rib Sand French Fries w/ Fruit, Veggies, Milk</p>	<p>5 Breakfast Muffin w/ Cracker Applesauce & Dried Veggie, Milk</p> <p>Breakfast for Lunch (only) National Breakfast Week Egg, Ham & Cheese E- Muffin Assorted Fruits & Grains, Tater Tots & Milk</p>	<p>6 Breakfast Warm Waffle Apple & Milk</p> <p>Lunch Homemade Chili w/ Cornbread Ham & Cheese Sand Fruit, Veggies, Milk</p>	<p>7 Breakfast Cereal, Cracker Banana and Milk</p> <p>Lunch Pizza Yogurt Pack Fruit, veggies, Milk</p>
<p>11 Breakfast Chocolate Oat- Bar Peaches, Dried Fruit & Milk</p> <p>Lunch Chicken Burger Corn dog Baked Beans Fruit, veggies, Milk</p>	<p>12 Breakfast Yogurt w/ Granola Dried Fruit w/ Cut Apples & Milk</p> <p>Lunch Soft Beef Taco Homemade Chicken & Bean Burrito, Seasoned Rice Fruit, Veggie, Milk</p>	<p>13 Breakfast Cinnamon Roll Applesauce & Dried Fruit, Milk</p> <p>Lunch Meat Lasagna w/ /TX Toast Meat ball Sub Fruit, veggies, Milk</p>	<p>14 Breakfast Cereal w/ Cracker Banana & Milk</p> <p>Lunch Pizza Stix w/ Marinara Meat Salad w/ Roll Fruit, veggies, Milk</p>
<p>18 Breakfast Berry French Toast Apple Juice, Milk</p> <p>Lunch Alfredo & Noodles w/ Tx Toast Chicken Nuggets Scalloped potatoes Fruit, veggies, Milk</p>	<p>19 Breakfast Hot Biscuit w/ Jelly Applesauce, dried fruit Milk</p> <p>Lunch Nacho's w/ Bean & Cheese Bean & Cheese Burrito Corn, Fruit, veggies, Milk</p>	<p>20 Breakfast Cereal Bar, w/ Cracker Apple & Milk</p> <p>Lunch Spaghetti w/ TX Toast Corn Dog Fruit, veggies, Milk</p>	<p>21 Breakfast Cereal , Cracker Dried Fruit & Milk</p> <p>Lunch PB & Jelly Sack Lunch Sun seeds, Carrot w/ Ranch Cracker, Apple & Milk</p>
SPRING	BREAK	RETURN	APRIL 1ST
	<p>Teaching Kids the Importance of Nutrition Education Learning about the fruit or vegetable that you eat and what it can do for you</p>	<p>Wellness Wednesdays Salad Bar Feature- Week 1; Cucumber, B Vitamins Week 2; Oranges, Vitamin C Week 3; Broccoli, Potassium Week 4; Apples, Fiber</p>	<p>Check your <u>Mymealtime</u> Lunch charge account balances. All accounts must be paid in full by May 23, 2024</p>

This institution is an equal opportunity provider.