

QCS: Choice of milk, fruit, carrot sticks, and broccoli florets served with all meals. Head Start (HS): Milk and fruit served with all meals

Elementary & Middle: Choice of PBJ sandwich or Pizza or Entrée High School: Choice of Pizza or Entrée or Pre-Packaged Salad or PBJ Sandwich

M/MA: Meat/ Meat Alternate V: Vegetable G: Grain E: Extra F:Fruit