

West View Middle School- JANUARY 2023

BREAKFAST: fresh or canned fruit, choices of juice & milk offered daily

LUNCH: fresh or canned fruit, fresh veggies & milk offered daily

MONDAY, 01/02/23	TUESDAY, 01/03/23	WEDNESDAY, 01/04/23	THURSDAY, 01/05/23	FRIDAY, 01/06/23
NO SCHOOL	NO SCHOOL	BREAKFAST	BREAKFAST	BREAKFAST
		(1)Breakfast Pizza	(1)Pancake Sausage Wrap	(1)Egg Biscuit
		(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
		LUNCH	LUNCH	LUNCH
		(1)Beef Dunkers	(1)Pizza	(1)Chicken Tenders
		(2)Popcorn Chicken	(2)Turkey and Cheese Sandwich	(2)BBQ Pork Plate
		Sister Schubert Roll	French Fries	Roll
Mashed Potatoes	California Blend	Green Beans		
Peas	Cookie	Mac and Cheese		
			*Sandwich Trimmings	
MONDAY, 01/09/23	TUESDAY, 01/10/23	WEDNESDAY, 01/11/23	THURSDAY, 01/12/23	FRIDAY, 01/13/23
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
(1)Sausage Biscuit w/Gravy	(1)Dutch Waffle	(1)Breakfast Pizza	(1)Pancake Sausage Wrap	(1)Egg Biscuit
(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
(1)Cheese Bites	(1)Cheeseburger	(1)Popcorn Chicken	(1)Pizza	(1)Corn Dog Nuggets
(2)Grilled Cheese Sandwich	(2)Hot Dog w/Chili	(2)Lasagna	(2)Hot Roast Beef Sandwich	(2)Fish Sticks
Homemade Chili	Baked Beans	Garlic Toast	Green Beans	Pinto Beans
Waffle Fries	Chips Choice	Steamed Broccoli	California Blend Veggies	French Fries
Cookie		Corn		Hush Puppies
	*Sandwich Trimmings			
MONDAY, 01/16/23	TUESDAY, 01/17/23	WEDNESDAY, 01/18/23	THURSDAY, 01/19/23	FRIDAY, 01/20/23
MLK DAY	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	(1)Donut	(2)Egg Biscuit	(1)Pancakes	(1)Breakfast Pizza
	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
	LUNCH	LUNCH	LUNCH	LUNCH
	Breakfast for Lunch	(1)Chicken Breast Fillet	(1)Pizza	(1)Beef Nachos
	(1)Breakfast Chicken (2 ea)	(2)Hamburger Steak w/Brown Gravy	(2)Chicken Patty Sandwich	(2)Chicken Tacos
	(2)Sausage (2 ea)	Sister Schubert Roll	Smiley Fries	Tortilla Chips
Waffles	Mashed Potatoes	Green Beans	Corn	
Tater Tot	Peas		Black Beans	
Baked Apples		*Sandwich Trimmings		*Trimmings
MONDAY, 01/23/23	TUESDAY, 01/24/23	WEDNESDAY, 01/25/23	THURSDAY, 01/26/23	FRIDAY, 01/27/23
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
(1)Sausage Biscuit	(1)Dutch Waffle	(1)Breakfast Pizza	(1)Pancakes	(1)Chicken Biscuit
(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice	(2)Cereal Choice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
(1)Cheeseburger	(1)Cheese Bites	(1)Chicken Breast Fillet	(1)Pizza	(1)Fish Sticks
(2)Hot Dog w/Chili	(2)Quesadilla	(2)Baked Spaghetti	(2)Hot Roast Beef Sandwich	(2)Corn Dog Nuggets
Chips	Chicken Queso Soup (1/2 Cup)	Garlic Toast	Green Beans	Pinto Beans
Baked Beans	Tortilla Chips	Steamed Broccoli	Sweet Glazed Carrots	Corn
	Cookie	California Blend Veggies	Grain Based Dessert	Hush Puppies
*Sandwich Trimmings				
MONDAY, 01/30/23	TUESDAY, 01/31/23			
BREAKFAST	BREAKFAST			
(1)Sausage Biscuit	(1)Dutch Waffle			
(2)Cereal Choice	(2)Cereal Choice			
LUNCH	LUNCH			
(1)Grilled Cheese Sandwich	Breakfast for Lunch			
(2)Fried Bologna Sandwich	(1)Scrambled Eggs			
Chicken Noodle Soup (1/2 cup)	(2)Breakfast Chicken			
Cheez Its	Biscuit/Gravy			
Cookie	Tater Tot			