

Social Emotional Learning Curriculum Map

Program Name: *Second Step*

Grade Level: *Kindergarten*

Year: *FY23*

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity or Book Title	Evaluation Tool	Curriculum Source
Pre-Testing	1 of 12	30 minutes		K Pre-Test	Favorites	Second Step Kindergarten Pre-Test	Second Step
Focusing Attention, Listening & Following Directions	2 of 12	30 minutes		Second Step Cards 1-5	<i>HBW Learns to Listen In The Pond, On the Bank; Doodle Dance</i>		Second Step
Identifying Feelings	3 of 12	30 minutes		Second Step Cards 6-9	Make a Face		Second Step
Emotion Management I	4 of 12	30 minutes		Second Step Cards 12-13	<i>HBW Learns it's Okay to Back Away; Hurrah-Boo!</i>		Second Step
Emotion Management II	5 of 12	30 minutes		Second Step Cards 14-18	<i>When I Feel Angry; Where I Feel Angry Grumpy Monkey; Calm Down Yoga</i>		Second Step
Caring/Helping	6 of 12	30 minutes		Second Step Cards 10-11	Helping Hands; Good Friend; Snowman Card; Compliment Game		Second Step
Recognizing Bullying	7 of 12	30 minutes		Kindergarten Bullying Prevention DVD Lesson 1			Second Step
Reporting Bullying	8 of 12	30 minutes		Kindergarten Bullying Prevention DVD Lesson 2	<i>HBW Learns About Bullies</i> HBW Coloring Page		Second Step
Refusing Bullying	9 of 12	30 minutes		Kindergarten Bullying Prevention DVD Lesson 3			Second Step

Bystander Power	10 of 12	30 minutes		Kindergarten Bullying Prevention DVD Lesson 4			Second Step
Problem-Solving	11 of 12	30 minutes		Second Step Card 19 - 24	<i>HBW Learns About Sportsmanship; STEP song</i>		Second Step
Post-Testing	12 of 12	30 minutes		K Post-Test		Kindergarten Post-Test & Teacher Evaluations	Second Step

Social Emotional Learning Curriculum Map

Program Name: Second Step

Grade Level: 1st Grade

Year: FY23

Topic	Lesson Sequence	Session Duration	Audio/ Visual Equipment	Handouts/Supplies	Additional/Alternate Activity or Book Title	Evaluation Tool	Curriculum Source
Pre-Testing	1 of 12	30 minutes		1 st Grade Pre-Test	Favorites	Second Step 1 st grade Pre-Test	Second Step
Focusing Attention, Listening & Following Directions	2 of 12	30 minutes		Second Step Cards 1-5	Let's Get Moving; Doodle Dance		Second Step
Identifying Feelings	3 of 12	30 minutes		Second Step Cards 7-9	<i>On Monday When It Rains</i> ; Guess the Feeling; Feelings Charades; This Makes Me Feel		Second Step
Emotion Management	4 of 12	30 minutes		Second Step Cards 12-16	<i>When I Feel Angry</i> ; Calming Hand		Second Step
Respect & Empathy	5 of 12	30 minutes			Wheel Of Respect & Empathy; <i>We Don't Eat Our Classmates</i> ; I Like You Like; Everyone is Unique		Second Step
Showing Care & Concern	6 of 12	30 minutes		Second Step Cards 10-11	<i>Have You Filled a Bucket Today?</i> ; I Can Help Booklet;		Second Step
Recognizing Bullying	7 of 12	30 minutes		1 st Grade Bullying Prevention DVD Lesson 1			Second Step
Reporting Bullying	8 of 12	30 minutes		1 st Grade Bullying Prevention DVD Lesson 2	Tattling vs. Reporting		Second Step

Refusing Bullying	9 of 12	30 minutes		1 st Grade Bullying Prevention DVD Lesson 3			Second Step
Bystander Power	10 of 12	30 minutes		1 st Grade Bullying Prevention DVD Lesson 4			Second Step
Problem-Solving	11 of 12	30 minutes		Second Step Cards 17-21	Idea Machine		Second Step
Post-Testing	12 of 12	30 minutes		1 st Grade Post-Test		1 st grade Post-Test & Teacher Evaluations	Second Step

Social Emotional Learning Curriculum Map

Program Name: *Second Step*

Grade Level: *2nd Grade*

Year: *FY23*

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity or Book Title	Evaluation Tool	Curriculum Source
Pre-Testing and Respect	1 of 12	30 minutes		2 nd Grade Pre-Tests and Second Step Card 1	20 ?'s; Respect Ball; Wheel of Respect	2 nd Grade Pre-Tests	Second Step
Identifying Feelings	2 of 12	30 minutes		Second Step Cards 5-7	Name that Feeling; Wheel of Feelings		Second Step
Different Preferences & Predicting Feelings	3 of 12	30 minutes		Second Step Cards 8, 10	Back to Back Crystal Ball		Second Step
Emotion Management	4 of 12	30 minutes		Second Step Cards 11-16	Angry Faces		Second Step
Compassion	5 of 12	30 minutes		Second Step Card 9	<i>The Brand New Kid</i> ; <i>Wrinkled Heart</i>		Second Step
Recognizing Bullying	6 of 12	30 minutes		2 nd Grade Bullying Prevention DVD Lesson 1			Second Step
Reporting Bullying	7 of 12	30 minutes		2 nd Grade Bullying Prevention DVD Lesson 2			Second Step
Refusing Bullying	8 of 12	30 minutes		2 nd Grade Bullying Prevention DVD Lesson 3			Second Step
Bystander Power	9 of 12	30 minutes		2 nd Grade Bullying Prevention DVD Lesson 4			Second Step
Problem-Solving	10 of 12	30 minutes		Second Step Cards 17-19	Paper Shapes; Bucket and Balls		Second Step
Peer Pressure	11 of 12	30 minutes		Second Step Cards 20-21	<i>HBW Learns to Listen to His Heart</i> ; PP Scenarios		Second Step

Post-Testing	12 of 12	30 minutes		2 nd Grade Post-Tests	Respect Ball	2 nd Grade Post-Tests & Teacher Evaluations	Second Step
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Social Emotional Learning Curriculum Map

Program Name: Second Step

Grade Level: 3rd Grade

Year: FY23

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity or Book Title	Evaluation Tool	Curriculum Source
Pre-Testing and Respect	1 of 12	30 minutes		3 rd Grade Pre-Tests and Second Step Card 1	Respect Ball Wheel of Respect	3 rd Grade Pre-Tests	Second Step
Identifying Feelings	2 of 12	30 minutes		Second Step Cards 5-6	Feelings Charades		Second Step
Identifying Feelings II	3 of 12	30 minutes		Second Step Cards 7-8	<i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i>		Second Step
Emotion Management	4 of 12	30 minutes		Second Step Cards 11-16; DVD	Calm Down Song; Calm Down Bingo		Second Step
Showing Compassion	5 of 12	30 minutes		Second Step Cards 9-10	<i>Each Kindness</i> ; Compassion Cards; Compassion Scenarios		Second Step
Recognizing Bullying	6 of 12	30 minutes	3 rd Grade Bullying Prevention DVD Lesson 2				Second Step
Reporting Bullying	7 of 12	30 minutes	3 rd Grade Bullying Prevention DVD Lesson 2				Second Step
Refusing Bullying	8 of 12	30 minutes	3 rd Grade Bullying Prevention DVD Lesson 2				Second Step
Bystander Power	9 of 12	30 minutes	3 rd Grade Bullying Prevention DVD Lesson 2				Second Step
Problem-Solving	10 of 12	30 minutes		Second Step Cards 17-19	Idea Machine		Second Step

Peer pressure	11 of 12	30 minutes		Second Step Cards 20-21	Peer Pressure Strips;		Second Step
Post-Testing	12 of 12	30 minutes		3 rd Grade Post-Tests	Respect Ball	3 rd Grade Post-Tests & Teacher Evaluations	Second Step

Social Emotional Learning Curriculum Map

Program Name: Second Step

Grade Level: 4th Grade

Year: FY23

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity	Evaluation Tool	Curriculum Source
Pre-Testing and Respect	1 of 12	30 minutes		4 th Grade Pre-Tests and Second Step Lesson 1	Favorites Wheel of Respect	4 th Grade Pre-Tests	Second Step
Identifying Feelings	2 of 12	30 minutes		Second Step Lessons 5-6	Human Bar Graph;		Second Step
Emotion Management	3 of 12	30 minutes		Second Step Lessons 10-13; DVD	DVD Lesson Calm Down Song; Emotion Jeopardy!; Calm Down Signal; Feel it in my Body		Second Step
Empathy & Perspectives	4 of 12	30 minutes		Second Step Lessons 2-4	Experiencing Empathy; Perspective Drawing		Second Step
Showing Compassion	5 of 12	30 minutes		Second Step Lesson 9	Compassion Cards; Compassion Scenarios		Second Step
Communication	6 of 12	30 minutes		Second Step Lesson 7	Telephone; Color Sort; Comical Communication		Second Step
Conflict Resolution	7 of 12	30 minutes		Second Step Lesson 14-15	Conflict Resolution Bingo; Compliment Paper; Compliment Chain		Second Step
Recognize, Refuse and Report Bullying	8 of 12	30 minutes		4 th Grade Bullying Prevention DVD Lesson 1			Second Step
Bystander Power & Bystander Responsibility	9 of 12	30 minutes		4 th Grade Bullying Prevention DVD Lesson 2 & DVD Lesson 3			Second Step
Bystanders to Cyber Bullying	10 of 12	30 minutes		4 th Grade Bullying Prevention DVD Lesson 4			Second Step

Problem-Solving	11 of 12	30 minutes		Second Step Lessons 16-17, 19	Paper Towers; Tic-Tac-Toe Game; Birthdate Challenge		Second Step
Post-Testing	12 of 12	30 minutes		4 th Grade Post-Tests	Respect Ball	4 th Grade Post-Tests & Teacher Evals	Second Step

Social Emotional Learning Curriculum Map

Program Name: Second Step

Grade Level: 5th Grade

Year: FY23

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity	Evaluation Tool	Curriculum Source
Pre-Testing and Respect	1 of 12	30 minutes		5 th Grade Pre-Tests and Second Step Lessons 1-2	Radish/Ball Activity	5 th Grade Pre-Tests	Second Step
Emotion Management	2 of 12	30 minutes		Second Step Lessons 9-14	Visual Imagery; Calm Preserver		Second Step
Empathy/Compassion	3 of 12	30 minutes		Second Step Lessons 5-6 & 8	Something in My Shoe; Who Gets the Heart?;		Second Step
Communication	4 of 12	30 minutes		Second Step Lesson 3 & 15	Take a Look; Headbandz		Second Step
Disagreeing Respectfully	5 of 12	30 minutes		Second Step Lesson 7	\$20 Activity; Handout pg. 68		Second Step
Recognize, Refuse and Report Bullying	6 of 12	30 minutes		5 th Grade Bullying Prevention DVD Lesson 1			Second Step
Bystander Power & Bystander Responsibility	7 of 12	30 minutes		5 th Grade Bullying Prevention DVD Lesson 2 & DVD Lesson 3			Second Step
Bystanders to Cyber Bullying	8 of 12	30 minutes		5 th Grade Bullying Prevention DVD Lesson 4	Index Card Phone		Second Step
Problem-Solving	9 of 12	30 minutes		Second Step Lessons 16-17, 19	Count to 30		Second Step
Peer Pressure	10 of 12	30 minutes		Second Step Lessons 20-21	Telephone; Jeopardy!		Second Step
Accepting Differences	11 of 12	30 minutes		Second Step Lesson 6	Bingo		Second Step

Post-Testing	12 of 12	30 minutes		5 th Grade Post-Tests	Tap Out Four Corners	5 th Grade Post-Tests & Teacher Evaluations	Second Step
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Social Emotional Learning Curriculum Map

Program Name: Second Step

Grade Level: 6th Grade

Year: FY23

Topic	Lesson Sequence	Session Duration	Audio/Visual Equipment	Handouts/Supplies	Additional/Alternate Activity	Evaluation Tool	Curriculum Source
Pre-Testing and Respect	1 of 12	30 minutes		6 th Grade Pre-Tests	20 Questions	6 th Grade Pre-Tests	Second Step
Empathy and Communication	2 of 12	30 minutes		Second Step Lesson 5	Stranded Island Comic Book Hero		Second Step
Emotion Management	3 of 12	30 minutes		Second Step Lessons 8-9	What I Should Have Done; How Are You		Second Step
Working Successfully in Groups	4 of 12	30 minutes		Second Step Lesson 1	Card Houses; Perfect Group Partner		Second Step
Friends and Allies	5 of 12	30 minutes		Second Step Lesson 2	Friendship Web		Second Step
Considering Others' Perspectives	6 of 12	30 minutes		Second Step Lesson 3	Perspective Pictures		Second Step
Recognizing Bullying	7 of 12	30 minutes		Second Step Lesson 6			Second Step
Bystanders	8 of 12	30 minutes		Second Step Lesson 7			Second Step
Disagreeing Respectfully	9 of 12	30 minutes		Second Step Lesson 4	Role Plays pg. 91		Second Step
Problem-Solving I	10 of 12	30 minutes		Second Step Lesson 10	Word Puzzles;		Second Step
Problem-Solving II	11 of 12	30 minutes		Second Step Lesson 11	Birthdate Challenge;		Second Step
Post-Testing	12 of 12	30 minutes		6 th Grade Post-Tests	Tap Out; Four Corners	6 th Grade Post-Tests & Teacher Evaluations	Second Step