



Lukachukai Community School September 2025

		Sopramor 6060		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL LABOR DAY	2 Waffle, Syrup, Sausage Patty, Fresh Fruit, Apple, Assorted Milk	3 Western Oatmeal w/ Brown Sugar, Mild Salsa, Juice, Orange, Assorted, Milk	4 Baked French Toast, Sausage Patty, Juice, Apple, Assorted Milk	5 WG Bagel, Cream Cheese, Fresh Fruit, Orange, Assorted Milk
LABOR	Corn Dog, Blueberry Muffin, Coleslaw, Baked Beans, Fresh Fruit, Assorted Milk	Bean & Cheese Burrito, Spanish Rice, Steamed Corn, Fresh Fruit, Assorted Milk	Grilled Cheese, Minestrone Soup, Fresh Fruit, Assorted Milk	Meat Loaf, Dinner Roll, Seasoned Green Beans, Fresh Fruit, Assorted Milk
8 Turkey, Ham, Egg, & Cheese, Juice, Apple, Assorted Milk	9 Blue Corn Mush, Sausage Patty, Fresh Fruit, Orange, Assorted Milk	10 WG Buttered Toast, Assorted Jelly, Cheesy Scrambled Eggs, Juice, Fresh Fruit, Assorted Milk	11 Pancake on a Stick, Syrup, Fresh Fruit, Oranges, Assorted Milk	12 Huevos Rancheros, Mild Salsa, Fresh Fruit, Assorted Milk
Chef Salad, Lite Ranch Dressing, WG Garlic Breadstick, Fresh Fruit, Assorted Milk	BBQ Chicken Breast, Blue corn Bread, California Vegetables, Fresh Fruit, Assorted Milk	Hawaiian Ham Coconut, Rice, Steamed Carrots, Fresh Fruit, Assorted Milk	Beef Soft Taco, WG Tortilla Chips, Mild Salsa, Refried Beans, Fresh Fruit, Assorted Milk	Chicken Nuggets, Dinner Roll, Green Bean Salad, Fresh Fruit, Assorted Milk
15 Blue corn Pancakes, Syrup, Fresh Fruit, Orange, Assorted Milk Cheese Burger, Tex-mex	16 Breakfast Burrito, Mild Salsa, Juice, Apple, Assorted Milk Spicy Chicken Sandwich,	17 Apple Cinnamon Crumb, Muffin, Assorted Yogurt, Fresh Fruit, Orange, Assorted Milk	18 Waffle, Syrup, Scrambled Eggs, Juice, Banana, Assorted Milk Chicken Nuggets,	19 Brown Rice w/ Raisins, Whole Grain Buttered Toast, Fresh Fruit, Assorted Milk
Beans, Red Bell Peppers, Fresh Fruit, Assorted Milk	Mashed Potato, Brown Gravy, Fresh Fruit, Assorted Milk	Cheese Pizza, Garlic Toast, Romaine Salad, Lite Ranch Dressing, Celery Stick, Fresh Fruit, Assorted Milk	Steamed Corn, Fresh Fruit, Assorted Milk	Roasted Herb Turkey, Dinner Roll, Three Sister Salad, Fresh Fruit, Assorted Milk
22	23	24	25	26
Fruity Breakfast Pizza, Sausage Patty, Juice, Assorted Milk	Blue corn Mush, Hard Boiled Egg, Fresh Fruit, Apple, Assorted Milk	Turkey, Ham, Egg, & Cheese Sandwich, Juice, Banana, Assorted Milk	Peach Muffin Squares, Assorted Yogurt, Fresh Fruit, Banana, Assorted Milk	French Toast Stick, Syrup, Sausage Patty, Tater Tots, Fresh Fruit, Assorted Milk
Corn Dog, Lemon Glazed Carrots, Fresh Fruit, Assorted Milk	Pepperoni Pizza, Romaine Salad, Lite Ranch Dressing, Fresh Fruit, Assorted Milk	Pork Carnitas, Blue Corn Bread, French Fries, Cole Slaw, French Fries, Assorted Milk	Chicken Burrito, Mild Salsa, Lettuce & Tomato Garnish, Refried Beans, Fresh Fruit, Ase vited Milk	Mandarin Orange Chicken, Steamed Broccoli, Fresh Fruit, Assorted Milk
29 Cream of Wheat, Whole Grain Buttered Toast, Assorted Jelly, Fresh Fruit, Apple, Assorted Milk	30 Blueberry Muffin, Assorted Yogurt, Juice, Fresh Fruit, Assorted Milk	Home of Lukachuka	the Eagles	Fruits Crains Dairy
Baked Chicken, Whole Grain, Biscuit, Steamed Carrots, Fresh Fruit, Assorted Milk	Hot Dog, Steamed Broccoli, Baked Beans, Fresh Fruit, Assorted Milk	Lukachuka		hoose MyPlate gov
THIS INSITUTE IS AN EQUAL OPPORTUNITY. THIS MENU IS SUBJECTED TO CHANGE				