



GHOLSON ISD
OCTOBER 2024 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1. Chili Dogs Ranch Style Beans Tater Tots Mixed Fruit Milk	2. Steak Fingers Corn Green Beans WG Roll Applesauce Milk	3. Chicken & Rice Broccoli Diced Carrots Diced Pineapples Milk	4. Wildcat Burger Sweet Tater Fries Baked Beans Burger Salad Oranges Milk
7. Chicken Nuggets Parsley Potatoes Crinkled Carrots Applesauce WG Roll Milk	8. Spaghetti Breadstick Corn Green Beans Pears Milk	9. Chicken Fajita Refried Beans Peas & Carrots Mandarin Oranges Milk	10. Porkrib Patty Broccoli Sweet Potato Wedges Peaches Sliced Bread Milk	11. Pizza Mixed Vegetables Side Salad w/Ranch Apples Milk
14. NO SCHOOL COLUMBUS DAY	15. NO SCHOOL TEACHER/STAFF DEVELOPMENT	16. Chicken Fried Steak Green Beans Potatoes WG Roll Peaches Milk	17. Chicken Spaghetti Breadstick Spinach Salad Diced Carrots Applesauce Milk	18. Wildcat Burger Sweet Potato Fries Baked Beans Burger Salad Banana Milk
21. Chicken Sandwich Peas & Carrots Ranch Style Beans Mixed Fruit Milk	22. Hamburger Steak WG Roll Mashed Potatoes Mixed Vegetables Diced Peaches Milk	23. BBQ Grilled Chicken Sliced Bread Broccoli Carrots Applesauce Milk	24. Tacos Refried Bean Corn Lettuce/Tomatoes Mandarin Oranges Milk	25. Pizza Carrots w/Ranch Green Beans Apple Milk
28. Crispitos Refried Beans Peas & Carrots Pineapples Milk	29. Chili Dogs Ranch Style Beans Sweet Potato Bites Mixed Fruit Milk	30. Steak Fingers Corn Green Beans WG Roll Applesauce Milk	31. Chicken & Rice Broccoli Diced Carrots Diced Pineapples Milk	

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.) should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing, or have a speech disability may contact the USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of decimation, complete the USDA Program Decimation Complaint Form, (AD-3027). Found online Click this link File Program Discrimination Complaint as a USDA Customer, and at any USDA office, or write a letter



GHOLSON ISD
OCTOBER 2024 - LUNCH MENU

addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; 2. Fax: (202) 690-7442; or 3. Email: program.intake@usda.gov. This institution is an equal opportunity provider.