

DECEMBER 2022 Taylor-White Elementary

BREAKFAST

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

MONDAY



Apple Fritter
Yogurt
Juice
Milk

5

TUESDAY



Pop-Tart
Cheese Stick
Juice
Milk

6

WEDNESDAY



Steak Biscuit
Juice
Milk

7

THURSDAY

Omelet
Waffles
Juice
Milk

1

FRIDAY

Cheese Toast
Sausage
Juice
Milk

2

Apple Fritter
Yogurt
Juice
Milk

5

Pop-Tart
Cheese Stick
Juice
Milk

6

Steak Biscuit
Juice
Milk

7

Pancake on a Stick
Juice
Milk

8

Sausage Biscuit
Grits
Juice
Milk

9

Breakfast Pizza
Juice
Milk

12

Bagel
Sausage
Juice
Milk

13

Chicken Biscuit
Juice
Milk

14

Ham and Cheese
Croissant
Juice
Milk

15

Breakfast Sandwich
Juice
Milk

16

NO SCHOOL!!!

19



NO SCHOOL!!!

20

WINTER BREAK

NO SCHOOL!!!

21

NO SCHOOL!!!

22

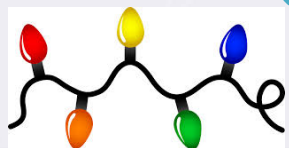
NO SCHOOL!!!

23



NO SCHOOL!!!

26



NO SCHOOL!!!

27

NO SCHOOL!!!

28

NO SCHOOL!!!

29

Happy Holidays!

NO SCHOOL!!!

30

