

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	<p>Red Rabbit O's</p> <p>Apples 1% & Fat Free Milk</p>	<p>WW Mini Bagel w/ Cream Cheese</p> <p>Bananas 1% & Fat Free Milk</p>	<p>Banana Bread 1% & Fat Free Milk</p>	<p>Oatmeal 1% & Fat Free Milk</p> <p>Pineapple 1% & Fat Free Milk</p>	<p>Mini Croissant w/ Jelly</p> <p>Oranges 1% & Fat Free Milk</p>
LUNCH	<p>Creamy Pesto Pasta w/ Mozzarella</p> <p>Sauteed Corn Red Peppers</p> <p>Pears 1% & Fat Free Milk</p>	<p>Beef Quesadillas WW Tortilla</p> <p>Bean Salad</p> <p>Pineapple 1% & Fat Free Milk</p>	<p>Jerk Chicken Rice & Beans</p> <p>Steamed Cabbage Slaw</p> <p>Oranges 1% & Fat Free Milk</p>	<p>Turkey Bolognese Rotini</p> <p>Green Peas</p> <p>Honeydew 1% & Fat Free Milk</p>	<p>Mediterranean Chicken Pita Bread</p> <p>Cucumber & Tomato Salad</p> <p>Tangerines 1% & Fat Free Milk</p>
SNACK					

WG= Whole Grain
A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.