

# FEBRUARY 2024

## Turkey Ford Elementary

### LUNCH



**School Information:** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



**February is American Heart Month.** Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Frito chili pie  
Pinto beans  
Apples  
Milk

5

Meatloaf sweet potato  
green beans  
Hot roll  
oranges  
milk

6

Chicken patty o  
Lettuce tomato  
Oven fries  
Grapes  
Milk

7

Spaghetti Garlic toast  
Steamed broccoli  
Carrots w/ranch  
Pears  
Milk

1

Beef stew  
Corn bread  
Carrots  
Oranges  
Milk

2

Quesadilla  
Refried beans  
Spanish rice  
melon  
Milk

12

Chicken strip Mashed  
potato w/gravy hot roll  
Cucumber cauliflower  
w/ranch fruit  
Milk

13

**Beef fingers**  
**Mashed potato**  
**w/gravy**  
**Green beans hot roll**  
**Fruit milk**

14

Spaghetti  
Steamed broccoli  
Carrots w/ranch  
Garlic bread  
Fruit milk

15

Cheeseburger  
w/lettuce tomato  
oven fries  
side kick  
milk

16

Walking taco cheese  
Lettuce chili beans  
Grapes  
Milk

19

Grilled cheese  
Tomato soup  
Roasted carrots  
Oranges  
Milk

20

Chicken nugget  
mashed potato w/gravy  
green beans hot roll  
Apple  
Milk

21

Bosco stick w/marinara  
Broccoli w/ranch  
Side kick  
Milk

22

NO SCHOOL

23

Enchiladas  
Spanish rice  
Beans  
Melon  
Milk

26

Meatloaf  
Sweet potato  
Green beans  
Hot roll fruit  
Milk

27

Chicken noodle  
Corn  
Cucumber w/ranch  
Hot roll fruit  
Milk

28

Pizza  
Broccoli w/ranch  
Sidekick  
milk

29