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**2024 Mobile County Track & Field Championships**

**April 9th & 10th 2024 at the University of South Alabama's Jaguar Track**

All entries must be made to [www.al.milesplit.com](http://www.al.milesplit.com/) Entries close **Sunday, April 6th, 2024 at 11:59pm. Do not wait until the last minute.** The entry fee is $300.00 per school ($150 per gender team). Make checks payable to “Baker Track.” All schools that receive boys and girls supplements must pay for both teams whether they bring one or both teams. An athletic trainer will be available.

**Host School / Meet Director:** Baker High School / Brandon Oliver - Contact: [boliver@mcpss.com](mailto:boliver@mcpss.com)

**Invited Schools:** Alma Bryant, Baker, Blount, Chickasaw, Citronelle, Cottage Hill, Davidson, Faith Academy, Leflore, McGill-Toolen Catholic, Mary G. Montgomery, Mobile Christian, Murphy, B.C. Rain, St. Luke’s Episcopal, St. Paul’s Episcopal, Satsuma, Saraland, Theodore, UMS-Wright, Vigor, Williamson

**Parking:** Parking may be limited. All vehicles should park in the Gamma Parking lot (#303) located north of the track facility. No vehicles should park in the Mitchell Center parking lot or between the Mitchell Center and track facility.

**Admission:** $7 for ages 5 and up. Tickets available on GoFan. No entry to the track will be allowed prior to 1:30pm. For this reason, teams are strongly discouraged from arriving prior to 1:30pm.

**Awards:**  Team Trophies – 1st & 2nd Place Girls’ and Boys’ Divisions

* Free Meet T-Shirt – 1st  place individual and relay events.



**Dressing:** There will be no dressing rooms or

showers; however, restrooms will be available.

**Spikes:** 1/8" to ¼" only!

**Concessions:** There will be concessions sold.

**In an effort to provide the coaches and student-athletes with a c**[**hampionship**](http://www.al.milesplit.com/) **environment, the following guidelines will apply:**

1. A rolling time schedule will be used. Athletes must report and check in on time.
2. Each team is allowed 3 entries per individual event and 1 relay team. In the throws and horizontal jumps, the top nine will advance to finals for three additional attempts.
3. The top eight will advance to finals in track events with preliminaries (4x100, 100, 100/110h, 200).
4. Athletes must adhere to all AHSAA rules.
5. Make sure athletes **DO NOT** mark approaches by scratching marks into the track surface with spikes.
6. Javelin approach will be on Mondo track surface, **not** grass. Do **not** wear cleats.
7. Each school will be assigned a meet duty. Please have 1 competent adult available from each school.
8. Please ensure that your athletes DO NOT JUMP OVER FENCES at the meet. That behavior may cause them to be disqualified or even removed from the premises. We are guests and we WILL adhere to their facility rules.

**2024 Mobile County Track & Field Championships**

**Schedule of Events**

**TUESDAY, APRIL 9th**

|  |  |  |  |
| --- | --- | --- | --- |
| **Time** | **Field Events** | **Mins** | **School/Duty** |
| **3pm** | **Girls Discus**  **(then boys)** | **75 100** |  |
| **3pm** | **Boys Long Jump**  **(East Runway)** | **18** |  |
| **3pm** | **Girls Triple Jump**  **(West Runway)** | **30** |  |
| **3pm** | **Boys High jump**  **(then girls)** | **5-6 4-6** |  |
| **3pm** | **Girls Pole Vault**  **(then boys)** | **7-0 9-0** |  |

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| **Time** | **Running Events (Rolling)** |
| **3pm** | **Girls 4x8 Relay Final**  **4x1 Relay Prelim (G, B)**  **Boys 4x8 Relay Final**  **Girls 100m Hurdles Prelim**  **Boys 110m Hurdles Prelim**  **100m Dash Prelim (G, B)**  **1600m Run Final (G, B)**  **200m Dash Prelim (G, B)** |

**WEDNESDAY, APRIL 10th**

|  |  |
| --- | --- |
| **Time** | **Running Events (Rolling)** |
| **3pm** | **Girls 800m Run Final**  **4x1 Relay Final (G, B)**  **Boys 800m Run Final**  **Girls 100m Hurdles Final**  **Boys 110m Hurdles Final**  **400m Dash Final (G, B)**  **100m Dash Final (G, B)**  **Girls 3200m Run Final**  **300m Hurdle Final (G, B)**  **200m Dash Final (G, B)**  **Boys 3200m Run Final**  **4x4 Relay Final (G, B)** |

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| **Time** | **Field Events** | **Mins** | **School/Duty** |
| **3pm** | **Girls Javelin**  **(then boys)** | **75 100** |  |
| **3pm** | **Girls Long Jump**  **(East Runway)** | **14** |  |
| **3pm** | **Boys Triple Jump**  **(West Runway)** | **38** |  |
| **3pm** | **Boys Shot Put (North Ring)** | **40** |  |
| **3pm** | **Girls Shot Put**  **(South Ring)** | **27** |  |