Benton County School District AES October Lunch

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 30	Oct - 1	Oct - 2	Oct - 3	Oct - 4
Chicken Breast Tender Waffles French Fries Seasoned Lima Beans	BBQ Chicken Sandwic Corn Dog Classic Coleslaw Baked Beans	Hamburger Steak w/ G Whole Wheat Roll Hot Dogs Mashed Potatoes	Hamburger w/ Trimmin Tater Tots Vegetable Juice Chilled Diced Pears	Beef Taco with Soft Tortilla Mexicali Corn French Fries
Assorted Fruit Juices	Fresh Apples	Cheesy Broccoli	Chilled Peach Slices	Fresh Apples
Chilled Mandarin	Fresh Pears	Fresh Bananas	Chocolate Milk	Fruit Slushes
Oranges	Chocolate Milk	Fruit Cocktail	Fat Free Milk	Chocolate Milk
Chocolate Milk	Fat Free Milk	Chocolate Milk	Snack Cookies	Fat Free Milk
Fat Free Milk	Mustard	Fat Free Milk		Taco Sauce
Barbecue Sauce	Ketchup	Rice Treat Bar		Rice Treat Bar
Strawberry Yogurt	Barbecue Sauce Graham Crackers			
Oct - 7	Oct - 8	Oct - 9	Oct - 10	Oct - 11
No School	No School	No School	No School	No School
Oct - 14	Oct - 15	Oct - 16	Oct - 17	Oct - 18
No School	Chicken Spaghetti Stuffed Crust Pizza Baby Carrots Broccoli Salad Pineapple Tidbits Fresh Apples Chocolate Milk Fat Free Milk Sugar Cookie	Cheeseburger Corn Dog Cheesy Broccoli Whole Kernel Corn Chilled Mandarin Oranges Fruit Cocktail Chocolate Milk Fat Free Milk	Grilled Chicken Sandwi Baked Beans Macaroni and Cheese Green Peas Tropical Fruit Fresh Pears Chocolate Milk Fat Free Milk Pickle Spears	Meat Lovers Pizza Chicken Patty Sandwic French Fries Baby Carrots Fresh Apples Fruit Slushes Chocolate Milk Fat Free Milk Snack Cookies
Oct - 21	Oct - 22	Vanilla Pudding Oct - 23	Oct - 24	Oct - 25
Chicken Nuggets Whole Wheat Roll French Fries Steamed Broccoli Flore Fresh Oranges Applesauce Chocolate Milk Fat Free Milk Banana Muffin Choice of Strawberry & Raspberry Yogurts	Hamburger w/ Trimmin French Fries Seasoned Green Bean Fruit Flavored Vegetable Juice Fruit Cocktail Chocolate Milk Fat Free Milk Pickle Spears Graham Crackers	Hamburger Steak w/ G Whole Wheat Roll Corn Dog Italian Sliced Carrots Green Peas Chilled Mandarin Oranges Fresh Pears Chocolate Milk Fat Free Milk Chocolate Chip Cooki Cocoa Cereal Squares	BBQ Chicken Sandwic Mashed Potatoes Baked Beans Fruit Flavored Vegetable Juice Fruit Slushes Chocolate Milk Fat Free Milk Vanilla Pudding Graham Crackers	Cheese Pizza Corn Dog Tater Tots Vegetable Juice Assorted Fruit Juices Fresh Apples Chocolate Milk Fat Free Milk Rice Treat Bar
Oct - 28	Oct - 29	Oct - 30	Oct - 31	
Chicken Breast Tender Stuffed Crust Pizza French Fries Baby Carrots Fruit Flavored Vegetable Juice Fresh Pears Chocolate Milk Fat Free Milk Variety of Dipping Sau Chocolate Pudding	Grilled Chicken Sandwi Corn Dog French Fries Seasoned Green Bean Fruit Cocktail Fresh Plums Chocolate Milk Fat Free Milk Strawberry Gelatin Graham Crackers	Hamburger Pie with Ta Tots Hot Dogs Baby Carrots Seasoned Green Bean Chilled Pear Halves Chilled Peach Slices Chocolate Milk Fat Free Milk Rice Treat Bar	Chicken Patty Sandwic French Fries Baked Beans Chilled Mandarin Oranges Chilled Diced Pears Chocolate Milk Fat Free Milk Snack Cookies	

In accordance with Federal Law and U.S. Department of Agriculture Policy, the Benton County School District does not discriminate on the basis of race, sex, age, religion, disability, or national origin. This institute is an equal opportunity provider.

All menus are subject to change according to product availability.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.