



# Breakfast Menu

DAILY ALTERNATE OPTIONS: BREAKFAST BOX & CEREAL OPTIONS

## MONDAY

**French toast Sticks**  
1 serving  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Breakfast Sandwich** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Build-Your-Own Golden Waffle Bar**  
1 serving  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

## TUESDAY

**Apple Frudel** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Build-Your-Own Scramble Egg Bowl**  
1 serving.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Bagel w Cream Cheese** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

## WEDNESDAY

**Sausage Egg & Cheese Burrito**  
1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Breakfast Toaster**  
1 serving  
1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Sausage & Cheese Sandwich** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

## THURSDAY

**Bagel w Cream Cheese** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**WG Donut Ring** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

**Ham Egg & Potato Burrito** 1 ea.  
Fruit Choice  $\frac{1}{2}$  c  
Juice Choice  $\frac{1}{2}$  c  
Milk 1 c

## FRIDAY

### Breakfast Box

Contains a variety of whole grains, proteins and fruit such as bagel, cheese, and apple slices.

# Happy Holidays



This institution is an equal opportunity provider

BeWell Healthy Choice Vegetarian (Ovo-Lacto) Local

For questions and comments, please email the Food Service Director at [faye.rodriguez1@elior-na-.com](mailto:faye.rodriguez1@elior-na-.com) or call xxx-xxx-xxxx

ELIOR NORTH AMERICA