

DECEMBER 2021 Taylor-White Elementary

LUNCH

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



Nutrition Tip: Include whole grains. Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY



Baked Potato Soup
Mozzarella Cheese Sticks
Broccoli
Diced Peaches
Milk

6

TUESDAY

Chicken Bites
Dutch Waffle
Garden Salad
Sweet Potatoes
Banana
Milk

7

WEDNESDAY

Pepperoni Pizza Pocket
Sliced Carrots
Broccoli
Banana
Milk

1

Breaded Beef Patty
Potatoes and Gravy
Sweet Peas
Breadstick
Brownie
Banana and Milk

8

THURSDAY

Sloppy Joe
Tater Tots
Caesar Salad
Apple
Milk

2

Pork
Black-Eyed Peas
Turnip Greens
Cornbread
Rice Krispie Treat
Fruit and Milk

9

FRIDAY

Chicken Quesadilla
Shredded Cheese
Spanish Rice
Black and Green Beans
Banana
Milk

3

Chicken Patty
Lettuce and Tomatoes
Sweet Potato Fries
Fruit
Milk

10

Chicken Fajita
Lettuce and Tomatoes
Spanish Rice
Corn
Fruit
Milk

13

Deli Sandwich
Lettuce and Tomatoes
Baby Carrots
Fruit Cup
Milk

14

Chicken Sandwich
Dill Pickles
Sweet Peas
French Fries
Fruit Cup
Milk

15

Roasted Turkey
Green Beans
Sweet Potatoes
Dressing
Breadstick
Fruit and Milk

16

Pizza
French Fries
Black-Eyed Peas
Fruit Cup
Milk

17



20



23



24

31