

#9

**COMPLETE**

**Collector:** Web Link 1 (Web Link)  
**Started:** Wednesday, June 17, 2020 10:14:12 AM  
**Last Modified:** Wednesday, June 17, 2020 10:50:07 AM  
**Time Spent:** 00:35:55  
**IP Address:** 152.26.176.24

---

Page 2: School Health Advisory Council (SHAC) Information

**Q1** **Randolph**

Select the name of your LEA from the drop-down list.

---

**Q2**  
Please indicate the LEA SHAC contact person as appointed by the Superintendent.

First Name	<b>Edwina</b>
Last Name	<b>Ashworth</b>
Title	<b>Director of Administrative Services for Students</b>
Address	<b>2222-C S. Fayetteville Street</b>
City	<b>Asheboro</b>
Zip Code	<b>27205</b>
Email Address	<b>eashworth@randolph.k12.nc.us</b>
Phone Number	<b>336.633.5048</b>

---

**Q3**

Please list the names and titles of your SHAC members.

April Thompson - Principal  
 Eric Gee - Assistant Principal  
 Greg Brewer - RCSS Safety and Compliance Officer  
 Kelly Green - Director School Nutrition  
 Jayme Robertson - Asst. Director School Nutrition  
 Larry Chappell - Director Instructional Support Services  
 Marty Trotter - Asst. Superintendent Operations  
 Kim Leach - Health/PE teacher/coach  
 Monica Hurley - Lead School Nurse  
 Seth Baxter - Health/PE teacher/coach  
 Brianna Rouse - School Social Worker  
 Susan Robbins - School Social Worker  
 Kendall Phillips - Health Educator - RC Public Health  
 Wendy Kennon - Supervisor - RC Public Health  
 Fred Burgess - RCSS Board of Education

**Q4**

**15**

Please indicate the number of members on your SHAC.

**Q5**

Regarding the composition of your SHAC, please check the boxes if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (Select all that apply.)

**Health Education,**  
**Physical Education & Physical Activity,**  
**Nutrition Environment & Services,**  
**Health Services,**  
**Counseling, Psychological, & Social Services,**  
**Social & Emotional Climate,**  
**Physical Environment,**  
**Employee Wellness,**  
**Community Involvement**

**Q6**

**3**

How often did your SHAC meet in the past year, including virtual meetings?

**Q7**

**No**

Did your SHAC meet virtually this school year after the closing of schools due to COVID-19?

**Q8**

Does your SHAC provide reports to any of the following?  
(Select all that apply.)

**Local Board of Education,  
LEA Superintendent,  
Community/Public**

---

**Q9**

Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2019-2020 school year.

Updated Code of Student Conduct Policy to address:

\*any substance containing CBD or THC

\*vaping devices, vape liqui

---

**Q10**

Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2019-2020 school year.

Implementation/Plan for providing Youth Mental Health First Aid (YMHFA) to all staff. This year 8 sessions were provided yielding a minimum of 5 staff per school with the training.

---

**Q11**

Has your SHAC used any of the following assessment tools for your LEA? (Select all that apply.)

**Local Wellness Policy Checklist,  
WellSAT**

---

**Q12**

Which of the following does your SHAC use to inform their work? (Select all that apply.)

---

**Healthy Active Children Policy Report**

**Q13**

Please click and drag to arrange the following list of focus areas to indicate the priorities of your SHAC's work over the course of the past year. (Your SHAC's highest priority should be #1 and the lowest priority should be #13.) Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

Alcohol and Other Drugs	6
Family and Community Involvement	13
Health Education	7
Health Services	8
HIV/STD/Teen Pregnancy Prevention	10
Injury and Violence Prevention	9
Mental Health, Counseling, Social Work	2
Nutrition	3
Physical Activity	11
Physical Education	12
Safe School Environment	1
Staff Wellness	4
Tobacco	5

**Q14** **No**

Does your SHAC use an Action Plan to guide their work?

**Q15** **Respondent skipped this question**

What resources and/or additional assistance do you need? (Select all that apply.)

**Q16**

Please describe any specific needs your district has around addressing COVID-19. (i.e. professional development, technical assistance, school safety guidance, etc.)

Funding to ensure appropriate safety procedures are in place, funding to ensure student access to resources such as hot meals

**Q17**

In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

Appropriate, evidence-based goals for nutrition education.	<b>Yes</b>
Appropriate, evidence-based goals for nutrition promotion.	<b>Yes</b>
Appropriate, evidence-based goals for physical activity.	<b>Yes</b>
Appropriate, evidence-based goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.	<b>Yes</b>
Nutrition guidelines for all foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.	<b>Yes</b>
Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events.	<b>Yes</b>
Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards.	<b>Yes</b>
Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy.	<b>Yes</b>
Communication to the public about the content and implementation of the Local Wellness Policy.	<b>Yes</b>
A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public.	<b>Yes</b>
Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy.	<b>Yes</b>

**Q18**

**50**

Please estimate the percentage of schools in your LEA that provide staff wellness programs.

**Q19**

Please describe the types of staff wellness activities that are offered in your LEA.

- Employee Wellness Programs
  - Staff Weight Loss Programs
  - Weekly wellness emails & resources
  - Staff are members of the Randolph County Wellness Coalition
  - Heath Coaching is available
  - Weekly COVID-19 reports
- 

Page 4: Healthful Living (Physical Education & Health Education)

**Q20**

**0**

Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher.

---

**Q21**

Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week.

Funding for staff

---

**Q22**

**100**

Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers.

---

**Q23**

Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week.

While all students received 225 minutes, class sizes are often larger due to staffing and scheduling than other classes. Additional funding to increase staffing would be beneficial.

---

**Q24**

**100**

Please estimate the percentage of middle school Healthful Living courses in your district that are divided into 50% Physical Education and 50% Health Education?

---

**Q25**

Does your LEA require daily:

Physical Education classes for students in all elementary schools in your district? **No**

Healthful Living classes for students in all middle schools in your district? **Yes**

**Q26**

Within your LEA, did any teacher(s) withhold recess, intramurals, physical education, or other physical activity as a punishment? (This includes missing physical activity to make up work or to do extra work.)

**No, there have been no teachers that have withheld any physical activity as punishment.**

Page 5: Compliance Regarding Withholding Physical Education

**Q27**

You indicated that one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance.

**Respondent skipped this question**

Page 6: Physical Activity

**Q28**

ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

**Yes**

**Q29**

Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (Select all that apply.)

**Classroom Energizers,  
Intramurals,  
Physical Education,  
Recess**

**Q30**

ALL middle schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

**Yes**

**Q31**

Which of the following resources are used in your LEA to meet the physical activity requirement at the middle school level? (select all that apply)

- Classroom Energizers,**
- Intramurals,**
- Physical Education,**
- Recess**

**Q32**

Which of the following is the Healthy Active Children Policy incorporated into in your LEA? (Select all that apply.)

- Local Wellness Plan**

Page 7: Nutrition Environment & Services

**Q33**

Please indicate whether your LEA provides the following:

- Offer a variety of healthful, appealing food and beverage options for students. **Yes**
- Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students. **No**
- Offer nutrition education that aligns with national dietary guidelines. **Yes**
- Offer nutrition education that adheres to state academic standards. **Yes**
- Offer nutrition education that utilizes integrated instruction. **Yes**
- Offer nutrition education that is grade-specific. **Yes**
- Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages. **Yes**
- Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community. **Yes**

**Q34**

What impact has COVID-19 had on food insecurity/hunger for children in your local education agency (LEA) and your community?

Accessibility to meals



**Q35**

How has the need for nutritious meals been addressed for children in your LEA and your community during school closures?

- We have offered meal pick-up and delivery sites
- social workers have assisted with delivery as needed
- Local sheriff's office has assisted with meal deliveries
- Packaging breakfast and lunch together
- Partnerships with outside agencies to assist with shelf stable food

Page 8: Coordinated School Health Programs (CSHP)

**Q36** **Yes, we have a written community use of facilities policy.**

Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?

Page 9: Community Use of Facilities Policy Publicity

**Q37** **Website**

You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.

Page 10: Technical Assistance

**Q38**

Please check the ways in which your LEA has received technical assistance in addressing the Whole School, Whole Community, Whole Child (WSCC) Model, the School Health Advisory Councils, and the Local Wellness Policy. (Select all that apply.)

Phone conversation with DPI staff	<b>WSCC Model</b>
E-mail correspondence with DPI staff	<b>WSCC Model</b>
Meeting with DPI staff	<b>WSCC Model</b>
Attending professional development events provided by DPI	<b>WSCC Model</b>
Communications with state public health staff	<b>WSCC Model</b>
Communications with other state agencies	<b>WSCC Model</b>
Website/Google site for NC Healthy Schools (nhealthyschools.org)	<b>WSCC Model</b>
Webinars	<b>WSCC Model</b>

Page 11: Program Challenges and Overall Successes

**Q39**

Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2019-2020 school year.

Student access to resources during COVID-19

---

**Q40**

Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before. Additionally, please share any success stories addressing the Whole School, Whole Community, Whole Child model during COVID-19. (We look forward to sharing these with the State Board of Education.)

---

Page 12: Healthy Youth Act

**Q41**

**Yes**

Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)?

---

Page 13: Policy Update: Healthy Youth Act

**Q42**

Date

**01/16/2018**

You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education), when was the policy last updated?

---

Page 14: School Violence Prevention Act

**Q43**

**Yes**

Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)?

---

Page 15: Policy Update: School Violence Prevention Act

**Q44**

Date

**03/18/2019**

You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment), when was the policy last updated?

---